



Dragon Freestyle Kickboxing

Safeguarding Adults Policy

Policy Owner: Ian Harrison

Date Policy approved: 8 March 2023

Reviewed: 19 March 2025

Next review Date: March 2026

Designated Safeguarding Lead: Ian Harrison

Mission Statement/Introduction

Dragon Freestyle Kickboxing provides kickboxing/ martial arts instruction to children and adults from the age of 6.

Policy statement

Dragon Freestyle Kickboxing want its members and visitors/ potential members to be able to learn and practice in a safe, fun and friendly environment. We want everyone to have an enjoyable experience training with us, irrespective of age, ability or disability, sex, race, religion, ethnic origin, sexual orientation, marital or gender status.

Scope

This applies to all members, visitors/ potential members training with Dragon Freestyle Kickboxing.

Purpose

This policy aims to cover:

- The legislation, our commitment and procedures for safeguarding adults.
- Our role and responsibility for safeguarding adults.
- What to do or who to speak to if someone has a concern relating to the welfare or wellbeing of an adult within the business.

Implementation

- We have a designated safeguarding lead
- The policy is provided to all new members
- Updated policies are provided to all existing members
- A code of conduct is in place and provided to all members

Legislation – what is adult safeguarding?

“Safeguarding” refers to measures designed to protect the health, wellbeing and human rights of individuals.

Key Contact Details

Ian Harrison

07976 890887

iandragonfreestyle@gmail.com

Raising and Managing a Concern

Concerns can be raised:

- In person at one of the classes
- By phone or email as shown above

Whistleblowing

In the event of a concern with Ian Harrison of Dragon Freestyle, contact should be made to our association head:

- Andy Crittenden, Alliance Martial Arts and Self Defence Association
01302 858335
Andy.acmac@yahoo.co.uk

Recording and Information Sharing

Information may be stored by the Safeguarding Lead, Ian Harrison in the following ways:

- Mobile phone
- Laptop
- Paper documents

Sources of Information and Support

Ann Craft Trust

A national organisation providing information and advice about adult safeguarding. The Ann Craft Trust has a specialist Safeguarding Adults in Sport and Activity team to support the sector

Tel: 0115 951 5400

Email: Ann-Craft-Trust@nottingham.ac.uk

www.anncrafttrust.org

Men's Advice Line

For male domestic abuse survivors

Tel: 0808 801 0327

National LGBT+ Domestic Abuse Helpline

Tel: 0800 999 5428

National 24Hour Freephone Domestic Abuse Helplines

England	Northern Ireland
<p>Tel: 0808 2000 247</p> <p>www.nationaldahelpline.org.uk/Contact-us</p>	<p>Tel: 0808 802 1414</p> <p>www.dsahelpline.org</p> <p>Twitter: www.twitter.com/dsahelpline</p> <p>Facebook: www.facebook.com/dsahelpline</p>
Scotland	Wales
<p>Tel: 0800 027 1234</p> <p>Email: helpline@sdafmh.org.uk</p> <p>Web chat: sdafmh.org.uk</p>	<p>Llinell Gymorth Byw HebOfn/ Live free from fear helpline</p> <p>Tel: 0808 8010 800</p> <p>Type Talk: 18001 0808 801 0800</p> <p>Text: 078600 77 333</p>

Rape Crisis Federation of England and Wales

Rape Crisis was launched in 1996 and exists to provide a range of facilities and resources to enable the continuance and development of Rape Crisis Groups throughout Wales and England.

Email: info@rapecrisis.co.uk

www.rapecrisis.co.uk

Respond

Respond provides a range of services to victims and perpetrators of sexual abuse who have learning disabilities, and training and support to those working with them.

Tel: 020 7383 0700 or

0808 808 0700 (Helpline)

Email: services@respond.org.uk

www.respond.org.uk

Stop Hate Crime

Works to challenge all forms of Hate Crime and discrimination, based on any aspect of an individual's identity. Stop Hate UK provides independent, confidential and accessible reporting and support for victims, witnesses and third parties.

24 hours service:

Telephone: 0800 138 1625

Web Chat: www.stophateuk.org/talk-to-us/

E mail: talk@stophateuk.org

Text: 07717 989 025

Text relay: 18001 0800 138 1625

By post: PO Box 851, Leeds LS1 9QS

Susy Lamplugh Trust

The Trust is a leading authority on personal safety. Its role is to minimise the damage caused to individuals and to society by aggression in all its forms – physical, verbal and psychological.

Tel: 020 83921839

Fax: 020 8392 1830

Email: info@suzylamplugh.org

www.suzylamplugh.org

Victim Support

Provides practical advice and help, emotional support and reassurance to those who have suffered the effects of a crime.

Tel: 0808 168 9111

www.victimsupport.com

Women's Aid Federation of England and Wales

Women's Aid is a national domestic violence charity. It also runs a domestic violence online help service.

www.womensaid.org.uk/information-support